

Week 3 Dishes and their Allergen content 15/11/2024



	CELERY	CEREALS (Gluten)	CRUSTA- CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Salmon and broccoli bake	M	✓		M	✓		✓		M				M	
Mac n Cheese	M	✓		M			✓		M				M	
Chocolate Brownie		✓		✓										
Bangers n mash		✓												✓
Cottage pie		M												
Carrot cake Muffins		✓		✓										
Roast Chicken		✓												
Vegetable Puff Parcel		✓												
Pineapple upside down cake		✓		✓			✓							

Key to Symbols:

✓ - Contains

M - May contain or manufactured in premises where allergen was present

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Cheese and tomato pizza	M	✓					✓							M
Meatball pizza	M	✓					✓							M
Apple oat bars		✓												
Oven Baked Cod		✓			✓									
Veggie Burger		✓							✓			M	M	
Dessert of the day		M		M			M						M	M

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