ALLERGEN CHART: Week 1

fresha responsible catering

	CELERY	CEREALS (Gluten)	CRUSTA-CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Pasta Bolognese		✓												
Spring Harvest Cake				✓										
Ice lolly														
Burger in a Bun		✓										M		✓
Cheesy Tomato Pinwheel		✓					✓							
Toffee and chocolate cookie		✓		✓										
Roast Gammon														
Vegetable Roll		✓												
Jelly and peach slices														
Pepperoni Pizza		✓					✓							
Cheese Pizza		✓					✓							
Lemon and Courgette Cake		✓		✓										
Fish Stars		✓			✓									
Veggie Burger		✓							M			M	M	

Key to Symbols:

✓ - Contains

M - May contain or manufactured in premises where allergen was present

ALLERGEN CHART: Week 2

fresha responsible catering

	CELERY	CEREALS (Gluten)	CRUSTA-CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Meatballs		✓												
Creamy Pasta Bake	M	✓		M			✓		M				M	
Ice Cream							✓							
BBQ Pork Wrap		✓												✓
Bean and Butternut Wrap		✓												
Very Berry Flapjack		✓												
Roast Chicken		✓												
Quorn Roast		✓												
Ham Pizza		✓					✓							
Cheese Pizza		✓					✓							
Orange Jelly and Mandarin														
Fish Strips		✓			✓									
Quorn Hotdog		✓										M		

Key to Symbols:

✓ - Contains

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ALLERGEN CHART: Week 3

fresha
responsible catering

	CELERY	CEREALS (Gluten)	CRUSTA-CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Macaroni Cheese	M	✓		M			✓		M				M	✓
Smoky Rainbow Rice	✓													
Lemon Shortbread		✓												✓
Chicken Curry		M												
5 Bean one pot		M												
Chocolate and Cherry cake		✓		✓										
Sausage Roast		✓		✓			✓							✓
Summer Veg Loaf		M												
Ice Lolly														
Chicken Pizza		✓					✓							
Cheese Pizza		✓					✓							
Jam Sponge		✓		✓										
Fish Fingers		✓			✓									
Dahl and Chickpea Samosa		✓												

Key to Symbols:

✓ - Contains

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ALLERGEN CHART: Sides

	CELERY	CEREALS (Gluten)	CRUSTA-CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Naked Slaw														
Pasta Salad		✓												
Garlic Bread		✓												
Herby Potatoes														
Potato Wedges														
Chips														
Rice														
Mexican rice	✓													
Pasta		✓												
Cous Cous		✓												
Roast Potatoes														
Sweetcorn and Tomato Salsa														

Key to Symbols:

✓ - Contains

M - May contain or manufactured in premises where allergen was present

ALLERGEN CHART: Baguettes and Jackets Potatoes

	CELERY	CEREALS (Gluten)	CRUSTA-CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Ham Baguette		✓												
Cheese Baguette		✓					✓							
Tuna Baguette		✓		✓	✓									
Jacket Potatoes Cheese							✓							
Jacket Potatoes Cheese and Beans							✓							
Jacket Potato With Beans														
Jacket Potato Tuna				✓	✓									

Key to Symbols:

● - Contains

⊙ - May contain or manufactured in premises where allergen was present